

SKILLS WITH DRILLS

Hosted by Lunenburg Girls' Softball

Attention all rising Ponytails, Belles and Debs:

Grab your bat and glove and join us at the ball field for some ***Skills with Drills*** on Sunday afternoons! Each week we will spend one hour working on a specific skill. Following the drills, we will split into teams and scrimmage and have the opportunity to practice the skills we've learned. Come one week or every week – it is up to you. We are asking for a \$2 donation each week to help cover the bills. *Come early and join us for lunch at the concession stand!*

SCHEDULE

- 1:30 PM - Lunch
(Week 1 – Hot dog / chips / drink -- \$3)
- 2:00 PM - Skills with Drills
- 3 – 5 PM - Scrimmage

Day:

September 10
September 17
September 24
October 1
October 8
October 15
October 22
October 29

Skill:

Softball Refresher
Outfield/Fly Ball Work
Infield/Ground Ball Work
Bunting (Offense & Defense)
Swings and Hitting
Cutoffs and Relays
Base Running and Sliding
Pickles and Run Downs

If you have any questions or concerns about this new program, feel free to contact Kaitlyn Matthews (480-0708), Tim Fowler (321-3092), or Tony Matthews (480-9032).